

Dr. Douglas B. Phillips

Complete Care For  
Confident Smiles

Douglas Phillips, DDS

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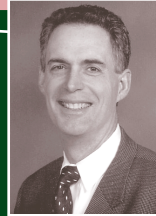
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Today's Smiles

Spring 2006

## Dr. Phillips Joins Prosthodontic Academy



**D**r. Phillips was accepted into membership by the American Academy of Fixed Prosthodontics after fulfilling stringent qualifications and a personal interview with Board members at their 2006 meeting in Chicago, held in February. The American Academy of Fixed Prosthodontics, established in 1951, has become a leading national voice in the area of fixed prosthodontics. Dr. Phillips joins 600 other members in 20 countries who are dedicated to excellence and the highest ethical standards in the field.

Fixed prosthodontics is a segment of dentistry that includes replacement teeth that are non-removable, such as many of those attached to dental implants or crown-&-bridge combinations. *"Fixed prosthodontics are placed with patients often*

*perceiving biological renewal, as if the restoration were truly an integrated part of their natural oral structure,"* explains Dr. Phillips. *"This organization fosters the highest level of standards to support dentists in providing optimal results with exceptional longevity and function combined with a natural look and feel."*

In addition to membership in the American Academy of Fixed Prosthodontics, Dr. Phillips has completed advanced training in implant dentistry through the Misch International Implant Institute and is a Fellow of the International Congress of Oral Implantology as well as a member of the American Academy of Cosmetic Dentistry, American Dental Association and the North Carolina Dental Association.

## No Tangled Web Here!

Want to learn about the latest dental services? Would you like to see what's new at Dr. Phillips' office? Have a friend to refer who can only contact the practice after normal business hours?

Go to ...  
[www.DentistryByPhillips.com](http://www.DentistryByPhillips.com)

This site allows you to keep up with what's going on in our office, read current or past newsletters, check out photos in the Smile Gallery of actual patients of Dr. Phillips, or even take the Sleep Apnea test.

This site was designed with YOU in mind! Check it out and be in-the-know! Your smile will be glad you did!

## Tremendous Advantages For IMPLANT PATIENTS

**A** growing number of American adults are becoming aware of the advantages of Dental Implants for tooth replacement. Dr. Phillips is keeping pace with developments surrounding the field.

One involves the use of computerized software called Siplant, which enables Dr. Phillips to pre-place a patient's implants prior to surgery. Dr. Phillips and the surgical specialist can optimize the treatment plan through this process to minimize incisions, treatment time, and avoid unforeseen challenges during the procedure.

The Siplant software system has won high praise in the dental field for the exceptional outcome it provides. *"It is remarkable technology with many advantages for every implant case,"* states Dr. Phillips.

**Want to learn more?**  
Call (828) 254-1944 or visit:  
[www.DentistryByPhillips.com](http://www.DentistryByPhillips.com)  
Also, answers to common questions include:

### How does a Dental Implant work?

An implant is a tooth root replacement, placed into your jaw bone. The implanted portion, made from the biologically-safe Titanium, bonds with your jaw bone. Replacement teeth are then secured to posts held by the implants, which have the same foundation your natural teeth once had.



### How will I be better off with Dental Implants?

Most obvious is the ability to chew comfortably and enjoy foods you love. You can speak and laugh with total confidence. Dental Implants also halt bone loss that occurs when tooth roots are missing from the jawbone. Over time, this can cause facial changes such as a sunken in mouth and jowls.

### Is the procedure painful?

During placement, patients relax under sedation similar to "twilight sleep". Afterward, most need only over-the-counter pain medication for a day or so, if anything.

### How long do Dental Implants last?

When implants are placed, they are intended to last your lifetime. With proper care at home and regular dental visits, they should be a part of

Continued on back...

## ■ Tremendous...From Front

you as long as your jawbone provides healthy support. As with any implant in the body, complications cannot always be foreseen. The success rate is excellent, however.

### **How much do Dental Implants cost?**

The fees vary according to the patient's needs and number of implants needed. However, an implant isn't always necessary for each missing tooth. Often, one implant can support several teeth or several implants that have been strategically placed can support a full arch. After an exam and evaluation of your jaw structure, Dr. Phillips can determine the type of treatment you need and the associated fees for your care.

## Smile Your Way To the Fountain Of Youth!

**T**oday's dentistry now provides techniques, technology, and materials which create a flattering, more-youthful smile. Those most recommended are ...

❖ **Porcelain Veneers** - Because front teeth are most prominent in a smile, porcelain veneers are often applied to the top

eight or ten teeth. This shell-like covering is adhered to reshape teeth and blend attractively with adjacent teeth. They provide a highly-natural look and feel, even reflecting light similar to a natural tooth.

❖ **Bonding** - Advancements in bonding materials offer an exceptional way to reshape existing teeth. Most often applied in one appointment, the process is normally less involved than a filling.

❖ **Tooth Whitening** - Most teeth, even those deeply stained, respond beautifully to tooth

whitening. Dental offices provide systems that are safer and longer lasting than kits sold in stores. Most versions include a gel applied directly to teeth. Those with gum recession may experience some tingling, but very little discomfort.

Most procedures are performed with total patient comfort, minimal time in treatment, and few appointments. Rather than avoid or delay having the smile you desire, arrange a consultation to discuss your desires or ask about options best for you at your next visit.

## Don't Forget Your MOUTHGUARD!

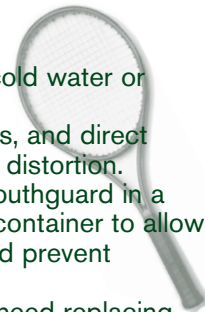
**T**he football field or hockey rink aren't the only places teeth need protection from injury. The American Dental Association advises mouthguards for children *and* adults in most recreational activities.

Mouthguards help cushion blows that might otherwise cause broken teeth and injuries to the lips, tongue, face or jaw. It is believed that they also may reduce the severity and incidence of concussions.

There are several types of mouthguards. While "boil-&bite" types do not require a dental fitting, the most comfortable are custom-made. Dentists can also make mouthguards for lower teeth, which can be vulnerable to damage as well.

### **To care for mouthguards, here are some guidelines:**

- ❖ Before and after each use, rinse the mouthguard with cold water or mouth rinse.
- ❖ Keep the mouthguard away from hot water, hot surfaces, and direct sunlight to avoid distortion.
- ❖ Store your mouthguard in a firm, perforated container to allow air circulation and prevent damage.
- ❖ Mouthguards need replacing when they develop holes, tears, or become loose since these conditions can cause irritation to teeth and oral tissues.
- ❖ Clean the mouthguard by using a toothbrush and toothpaste. Soak weekly in cool, soapy water.



**THE ANSWER IS: "YES!"**  
**THE QUESTION IS: "Are you accepting new patients?"**

Dr. Phillips is always happy to accept new patients. When you refer others, it is the ultimate compliment!

Thank you for your recommendations!